

Beauty Of Tanned Skin - What Is The Cost?

Tanned skin is loved by most of the white skinned people. Who will say that he/she does not like tanned skin? What about the cost of getting tanned skin? I am not talking in term of dollars, but life. It is death due to skin cancer. There are many ideas about tanning that people believe and think that they are safe. Let us talk about them. Many of us believe that use of tanning oils on skin and then getting tanned is safe. But that is not true. No tanning oil prevents the sun. If it had prevented sun, you would not have got tanned! Tanning skin is only due to the UV radiation and radiation damages and causes skin cancer. A swim after tanning skin protects the skin. This is another belief of many people. Please note that no amount of swimming after getting tanned saves the skin. Once the skin gets tanned, it is damaged. Swimming without application of a sunscreen is very bad because water reflects more UV radiation. The radiation near the beach is more than on the ground away from beach. Skin that is tanned is in danger. Protect your life by avoiding all types of tanning. Use tanning cosmetics to get artificial color if you want, but don't damage your skin with tan. Tanning beds, sun lamps and sun all are bad for skin. This article is only for informative purposes. This article is not intended to be a medical advise and it is not a substitute for professional medical advice. Please consult your doctor for your medical concerns. Please follow any tip given in this article only after consulting your doctor. The author is not liable for any outcome or damage resulting from information obtained from this article.

About the Author

More collection with the makeup you love and the beauty treatments you need. This very special selection features flawless beauty secrets.

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