

What Women Should Know About Excess Hair

Society's definition of female beauty goes against nature. Only a minority of the women in the world conform naturally to the modern version of beauty. An idealized hourglass figure with not an ounce of fat beyond the breasts, a luxurious crown of hair and long, full eye lashes, but not a strand of hair growing elsewhere. How many women are like that naturally?

As a result, we've got a thriving plastic surgery business and the beauty industry is flourishing. One wonders if there's a conspiracy behind the accepted notion of beauty.

Hirsutism is a medical condition where you grow more body hair than normal. In women, this is usually due to excessive male hormones like testosterone. In the female body, these hormones are produced in the ovaries and the adrenal glands. If you are a woman suffering from hirsutism, you might want to see a doctor to check if your ovaries are fine.

Some women have a problem with upper lip hair. The female moustache, so to speak, is considered unfeminine. A girl with a hairy upper lip tends to become the butt of nasty jokes and suffers poor self esteem as a result. If you look carefully, many of the girls with this problem tend to have long, thick eyelashes naturally and also have a healthy head of hair. Indicators of conventional beauty. Ironic isn't it?

Meanwhile, you can always get rid of the unwanted body hair. Waxing, shaving and even hair removing creams would work.

About the Author

The ideals that have lighted my way, and time after time have given me new courage to face life cheerfully, have been Kindness, Beauty, and Truth.

Source: <http://www.productsherbal.com>