

Acne Medicine – Things to Keep in Mind

Acne can be a persistent problem and if not treated in time, may leave deep scars on the skin. Fortunately, a whole range of acne medicines are available in the market that effectively cures acne. These are sold in different forms like creams, gels, lotions, soaps, pads or masks. This makes their application and use quite simple and easy. However, you might feel bewildered when faced with so many choices. So how will you decide which acne medicine will work best for you? Here are some points that you need to bear in mind before choosing your acne medicine. You should find out the exact cause of the acne you have. Remember, what may work for your friend or other members of your family, may not work for you. There are various causes of acne and the curatives also differ accordingly. The correct medicine can be selected only when the exact cause is ascertained. It is advisable to consult a dermatologist to help you in this regard. You need to determine your skin type. Many people are quite sensitive to some of the ingredients used in preparing acne medicines. You need to ensure whether you are allergic to any such chemicals, in order to avoid serious complications in the future. The most natural and economical treatment method is to resort to natural treatment procedures. You can opt for homeopathic medicines. Some very effective medicines are prescribed by homeopaths that treat acne from the roots, preventing further reappearance. Also, you may want to consider home-based remedies, or if you are unsure about the preparation of the remedy yourself, you may try herbal medicines that are usually safe and very effectual. These not only possess natural antibiotics for combating infection, but also contain vitamins to control swelling and irritation. Acne antibiotic treatments are suitable only for those who have severe acne problem that have the tendency to lead to unsightly acne scars. So before you take up an antibiotic course, do weigh the pros and cons. Antibiotics arrest the bacteria that are the root cause of acne, and thus these indeed are the best way to deal with an acne breakout. The flipside is that even beneficial bacteria present in your system may be eliminated, leading to unforeseen medical complications, increasing your susceptibility to various diseases. Hence, antibiotics should be purchased only when prescribed by an experienced medical professional and the instructions provided should be strictly followed. The recommended doses must never be exceeded, nor should a dose be missed. Also, keep in mind that both topical and oral antibiotics have side effects, some minor while others grave and far-reaching. The symptoms vary from one person to another.

About the Author

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