

An Instant Acupuncture Cure for Infertility

Even the best and more advanced medical methods may not work in issues of infertility; there are great evidences that will testify to this. One good point to argue about is why must couple need to tolerate several attempts of conception using so-called high technologies (e.g. in vitro fertilization). Well, now is not the time to raise arguments though. Acupuncture, an alternative medicine you say. It is truly an alternative medicine only for the reason that it is not based on western knowledge. If this is our basis of categorizing what is effective medicine and what is not, it would be a bit unfair for all oriental medical methods that work. Though not all quick fixes are convincing and real, acupuncture may be one of the selected few that really creates satisfying and immediate results. Not only does acupuncture when used in conjunction with other infertility methods effective, it may also induce relaxation and absence of pain throughout the procedures. The main principle standing in methods used in acupuncture is the release of energy blockages in certain parts of the body. Energy must flow and it must flow well. If there is any clog that will affect its smooth travel to the body, the only option to unleash them is the insertion of needles in specific points where energy is particularly blocked thus the occurrence of certain diseases. A close look at acupuncture treatment will reveal that each plan for treatment is different from the next. This is because patients possess varying physical problems that must be addressed accordingly. A consensus among practitioners and patients maintains that acupuncture works at its optimum when all other means were already completed but in vain. Acupuncture for infertility is also ideal for couples who would not want taxing themselves financially with more extensive treatments such as those that require a number of physical examinations, tests and even surgeries. This also works best for patients suffering from specific diseases such as irregular ovulation for women and sperm duct blockage. Acupuncture treatment for infertility may come in three techniques namely manual, electrified and auricular. Electrified method means the use of electric needles to clear the passages of energy. Auricular method, on the other hand, entails the use of pricking the earlobes and the ears so as to clear hormonal disorders especially in women. While many may claim that acupuncture for infertility is a cure, it would still be safe to say that it is an important part of any treatment conducted to infertile couples.

About the Author

The journal, Nuclear Medicine Communications, is available here, as well as the society newsletter, awards and details about upcoming.

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