

Esthetic Schools Can Help Change Lives

You don't have to be an MD to make a difference in the lives of burn victims, cancer patients, and those suffering from hormone dysfunctions. With specialized training and certification from cutting-edge esthetic schools, you'll be qualified to work in the expanding field of skin care and cosmetic medicine in a variety of specialties.

Camouflage Therapy
Camouflage therapy is the art of cosmetically camouflaging and normalizing the appearance of disfigured patients. As a trained esthetician, you can help restore the self-esteem of disfigured patients and thus improve their psychological and physical well-being. Esthetic schools offer coursework in the psychology of disfigured patients, medical terminology, burn therapy, corrective medical makeup techniques, color theory, patient management, medical documentation, and esthetics therapy for cancer and AIDS patients.

Dermatologic Skin Care
When you study dermatologic skin care at esthetic schools, you'll gain insight into dermatologic disorders, medical and esthetics therapy, and roles and responsibilities of the esthetician, as well as patient safety and injury protection. In this track, you'll take esthetics courses such as dermatologic diagnosis and treatment methods, prescription and over-the-counter medications for skin conditions, acne management, cellular rejuvenation, allergies and inflammatory disorders, eczema, erythema and telangiectasia, facial treatments, effects of aging, photosensitivity, pre-cancers of the skin, laser therapy, reactions to cosmetics, cleansing preparation, free radicals and antioxidants, bleaching, chemabrasion, micropigmentation, and hormonal dysfunctions.

Menopause and Hormonal Dysfunctions
As an esthetician, you may also work in skin care management for menopause and hormonal dysfunctions. Esthetic schools can teach you what happens before and after menopause, and how hormones affect the skin, hair, and nails. You'll also learn about hormonal dysfunction and how it affects every aspect of a woman's body. At esthetic schools, you'll take courses in the psychological and physiological impact of aging, heredity, ethnicity and skin classifications, the effects of free radicals and environmental conditions, sources and effects of hormones, pre-menopause signals, psychological effects of menopause, side effects of hormonal dysfunction, adult acne therapy, hormonal replacement therapy, holistic approach to menopausal conditions, dietary health management, skin vitamins, skin care and cosmetics for laser patients, therapeutic facials, and cellular rejuvenation and collagen fiber skin care treatment.

Appearance Counseling
The trained esthetician is also being called upon to provide appearance counseling, which encompasses everything from the basics of line, texture, shape, color, and design, to the serious psychological implications involved when working as an image counselor. Esthetics coursework may include discussion of the psychology of appearance, style vs. fashion, international esthetics preferences, the four fashion style types, how to camouflage body irregularities, fashion principles, color theory and management, and makeup techniques. Enroll in esthetic schools, and you'll have the opportunity to help restore beauty, self-esteem, and life to others.

About the Author

News items, patient care, alumni information, academics, student resources and computer.

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