

Your Alternative To Harmful Drugs And Procedures

Conditioning is an amazing thing. We're brought up to believe certain things. One of those things is that when we're ill, we go to the doctor for a shot, a pill or a procedure. We don't question it because that's what we're taught. But the truth is, there is an alternative to harmful drugs and procedures. We're going to discuss some of those alternatives in this article. But first you're going to need some facts in order to understand that drugs and medical procedures really are dangerous and every time you take a pill or check yourself into a hospital, you're literally risking your life. If you think that is an exaggeration, then you need to keep reading. Some of these facts and figures will surprise you. For example, did you know that the treatments that cancer patients receive for their disease kills more of them than the cancer itself. There's a very good reason why we don't know these things. These deaths, when reported, are reported as cancer related. We don't get to see the real reason these people died. Cancer is only one part of the problem. Every year, there are more deaths that are classified as death from "xyz" than what the true number really is, simply because many of these people died from the treatments associated with their illness. Technically, and legally, these reports are accurate. They just don't tell the whole story. However, there is an alternative to taking harmful drugs or undergoing dangerous procedures to "cure" what ails you. That alternative is non medical treatment. At the very least, non standard medical treatment. What does this actually mean? It means getting back to living the way nature intended us to live. Our bodies are very complex, composed of many systems. These systems all coexist with each other and interact with each other. As long as we take care of our bodies and put into them what nature intended, we should be okay. In spite of what most people think, we don't get sick because of something that went wrong inside of us. We get sick because of all the crud that we put in our bodies. This abuse comes in the form of fast food, alcohol, tobacco, and yes, drugs. If you're already ill, you're probably thinking that it's too late for you, that your body has already broken down. This couldn't be farther from the truth. There is always time to put back into your body what nature intended to be there in the first place. You can go to your doctor and ask him about alternative medicine. He'll probably say something to you like, "Well, if you believe in that stuff." Don't expect anything better. The medical profession believes that their way is the only way. Well, this is the kind of thinking that is killing all of us. So the next time you head for the medicine cabinet or for your doctor's office to get a prescription filled, think about alternative options and how they just may end up saving your life. To YOUR Health

About the Author

Some of the opportunities the School of Medicine offers through its medical education, research opportunities and clinical training in Louisville, Kentucky.

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