

Natural Arthritis Treatment & Information

Arthritis can affect the joints in number of forms like osteoarthritis, gout, rheumatoid arthritis, reactive arthritis, temporomandibular joint arthritis, psoriatic arthritis and Ankylosing spondylitis. Though certain forms arthritis affect only particular joints some forms can affect almost all body joints. Prolonged and untreated arthritis conditions can even lead to swollen skin in some cases. Usually, almost all types of arthritis are chronic in nature. Though the initial symptoms of arthritis may not show serious complications, prolonged existence of arthritis symptoms and improper treatment or negligence can lead to gradual damage of the joints. Swelling, persistent pain, stiffness of joints is the most common symptoms of arthritis. However, some forms of arthritis may produce additional symptoms like feeling of pain and tenderness (when touched), redness and warmth surrounding joints and difficulty in movement of joints. Certain medications are available for treating arthritis. The arthritis treatment is aimed at reducing inflammation and relieving pain. Some over the counter medications and topical creams can be taken in consultation with health care provider for relieving arthritis symptoms. Combination of Non-Steroid Anti-Inflammatory Drugs and Disease Modifying Anti-Rheumatic Drugs are commonly prescribed for relieving arthritis symptoms. Though proven effective, medications can produce certain unwanted side effects. Keeping in view this facilities researchers are making all efforts to develop a medication that could provide faster relief without producing any side effects. Arthritis sufferers also prefer alternative therapies over the medications. Certain specific physical exercises may help in easy joint movements. Diet also plays a greater role in reducing arthritis symptoms. Adequate quantity of minerals, vitamins etc in the diet ensure strong body immune system. Deficiency of these essential nutritional values weakens the immune system and weak immune system makes the right condition of development of various abnormalities including arthritis. Liquid dietary supplements like colloidal gold, colloidal silver, colloidal copper etc can help you in enhancing immune system by making good deficiency of minerals. Colloidal silver has the property to regulate the body hormonal balances. Furthermore, silver has the property of killing bacteria, viruses and microorganisms. Colloidal silver, being obtained from pure silver and manufactured through non-chemical process, does not produce any side effects. You must understand that colloidal silver is not a treatment for arthritis but can help you in prevention of arthritis and reducing arthritis symptoms. Usually, colloidal silver is used as a part of combination therapy.

About the Author

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