

Beta-1, 3 Glucan Nutrition

Beta Glucan is a refined extract of *saccharomyces cerevisia*--more commonly known as Baker's Yeast. Polyglucose complexes like Beta Glucan can be isolated and purified from other yeasts, mushrooms and other fungi, and cereal grains. Beta glucans are both polysaccharides and basic constituents of bacterial, fungal, yeast, and algae cell walls and important components of lichens and grain plants like barley and oats. Various fungi which lack the enzyme beta 1-3 glucanase cannot break down Beta Glucans, and so excrete them extracellularly.

Health Benefits of Beta Glucans

Beta Glucans may function as anti-bacterials, anti-virals, anti-parasitics, and anti-tumor agents. They speed recovery from sepsis and the immunosuppressive effects of various diseases, like AIDS, and medical treatments, like whole-body radiation.

Beta 1,3 Glucan Facts

Beta glucans are known to modify biological responses and may be anticarcinogenic ; in other words, they can restore, or improve, cellular-generated immune response. . By stimulating macrophages, Beta glucans can speed the healing, and decrease the inflammation, of surgical wounds. And, by forming a cholesterol-preventing layer next to intestinal mucosa, beta glucans keep cholesterol levels low.

Xtend-life Natural Products

a New Zealand company which develops, produces, and sells nutritional supplements, which we personally use and strongly recommend. All of their supplements are formulated by scientists and produced under pharmaceutical GMP compliance-- the world's strictest standards for manufacturing dietary supplements. The potency of every supplement they make is verified and guaranteed with a Certificate of Analysis. Their Total Balance Product, which gets our highest recommendation, contains standardized herbal extracts, ensuring that the consumer will receive the full therapeutic benefits the herb's active ingredients.

Xtend-life counts us at Nutritional-Supplement-Guides among their long-term customers. Also those customers are constantly reporting new health benefits from the supplements. Finally, those customers consistently report their satisfaction with Xtend-Life Natural Products' generous money back guarantee offered by. While we here at Nutritional-Supplement-Guides have never needed to return a product, some of the customers to whom we have recommended the Xtend-life products have. And they have been given one full year to return their products for a full refund, no questions asked. Most nutrition companies offer, at best, a 30- day return window.

Xtend-life Natural Products are noted for creating, even before a sale is made, rapport with their customers. Their Customer Support staff is quick to respond and exceptionally knowledgeable, and Xtend-life's reasonable shipping costs and fast delivery--even from as far away as New Zealand--also contribute greatly to their customers' satisfaction. We are not alone in our satisfaction with Xtend-life's supplements; many of their customers report noticeable health improvements shortly after beginning their use. And the supplements, Total Balance in particular, because they contain multiple nutrients, make a nutritional regimen much easier to maintain. Total Balance has an amazing variety--over seventy--of nutrients in each of its capsules. It provides a quick, and amazingly inexpensive, way to get all of the things you need to restore or maintain your health.

About the Author

BeefNutrition.org is specifically for health professionals, nutrition communicators, and nutrition.

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