

## Gummy Smile And Its Treatment Options

Beautiful perfectly white smile is a dream for many. What many People do not know is the options they have to achieve their dream. And I am going to tell you here about the options of treatment of one problem. This problem might not be a problem to some, while it is a big problem to others. This problem is what is called gummy smile. Gummy smile means showing your gum when you smile. I am interested in gummy smile not just as a dentist, but also as a person who used to suffer from this problem, I used to think that there is something wrong with my smile, although I have a very beautiful set of teeth. And when I figured out what is wrong with my smile I started to learn everything possible about it. I am going to mention here the main options you have to treat your gummy smile. And I am going to tell you the option that I have chosen, not necessarily the best for you. Remember, you need to discuss these options with your doctor. He will tell you the best & most suitable option for you. Here are the options:

- 1-Laser crown lengthening: If you have short teeth, your doctor can increase the length of your teeth by cutting a few millimeters of the gum around the teeth. Instead of laser, he can do conventional gingivectomy which is the cutting of the gum with the scalpel. The main advantage of this option is that you will have an immediate result.
- 2- Le fort I osteotomy (orthognathic surgery): The goal of this Surgery is to decrease the height of your upper jaw. The Surgeon is going to remove few millimeters of your upper jaw & then He is going to immobilize the bone with mini-plates. You need to do an orthodontic treatment (braces) along with this surgery. So, You are going to be treated by two specialists, a surgeon & an orthodontist. This option gives great result if you show large amount of Gum. This operation has the most successful & stable results of all the orthognathic surgeries. Nevertheless, it has the usual hazards & complication of any major operation.
- 3-Orthodontic treatment: In this option you are going to depend only on the orthodontic treatment (braces). What the orthodontist is going to do is intrusion of your anterior teeth. He is going to literally drive your teeth upwards, if you ask me, so what about the gum & bone around these teeth? I am going to tell you that the bone is going to undergo resorption & gum is going to follow the bone. So, what is going to happen is normal remodeling to the structures around the teeth. There is also one point about this option; he is not going to use braces alone. Let me explain this, he needs a lot of force to intrude your teeth. Also he needs a source of resistance to these forces, in order to prevent unwanted tooth movements. So, the bottom line here is that he is going to use what is called micro-screw implants to do that He is going to put these tiny screws (2 screws) above the anterior upper teeth. This option will take longer than the earlier two options. Of course the main advantage of this option is that you are going to avoid the complication of the major operation. The most horrible complication with this option is to screw to get out. All you have to do is to pick it up & return to your doctor to put it back. And by the way, I have chosen this option. Now, you have a general idea about the possibilities & options for your treatment. So, what is then? You need to take an action. Get Affordable dental plan, consult your doctor & choose you your treatment to get rid of your gummy smile. And I hope that you achieve your dream & get the beautiful smile you always dreamed about. Having a great smile is a joy I experienced & I want you to feel that joy.

## About the Author

Because the Food and Drug Administration still requires a prescription for those younger than 18, pharmacies stock it behind the counter.

Source: <http://www.productsherbal.com>