

## Homeopathic Teething Remedies

If your baby is suffering terribly from teething and the usual remedies such as teething rings and pacifiers aren't working but you don't want to use a teething gel, you may be interested in using a homeopathic remedy for your baby's teething. Homeopathic remedies are a safe, non-toxic way to help relieve the pain and make the baby happier. You should use a homeopathic remedy in conjunction with expert advice and guidance. What follows is a selection of homeopathic remedies. Different remedies work better for some babies rather than others; what works best for your baby may be a case of trying and seeing.

**Apis mellifica:** Used to relieve swollen gums. The use of *Apis mellifica*, (whole honeybee), as a homeopathic remedy was discovered in 1835 by Rev. Brauns, in Thuringia, Germany. In 1853, Dr. Constantine Hering published the proving of *Apis mellifica* in his *American Proving*. The easy preparation and effectiveness of *Apis* made it a popular remedy.

**Calcarea carbonica:** Some babies are slow when it comes to teething and the experience can be very distressing for late developers. . This remedy has been shown to be useful for such babies. Babies who need this remedy are usually chubby, slow to learn to crawl or walk, and their heads often sweat during naps or sleep at night.

**Chamomilla:** especially helpful for a baby whose gums are red, swollen and tender to the touch, who is irritable, worst at night, and comforted by being carried. You can get homeopathic chamomile teething drops or give cool chamomile tea well diluted.

**Essential oil of cloves:** has natural local anaesthetic properties. You can administer the clove oil by adding one drop in one or two tablespoons of organic sunflower oil.

**Kreosotum:** This remedy can ease a child's stress when she has irritating saliva and severe discomfort during teething. *Kreosotum* is especially beneficial should a baby's teeth succumb to decay soon after erupting from the gums.

**Natural Stick of Licorice:** is known to sooth babies when the chew down on the stick.

**Pulsatilla:** especially good for teething babies who are clingy, nervous or tearful.

**Silicea (also called Silica):** Slow, difficult teething that makes the baby tired and nervous may be helped by this remedy. Children who need *Silica* often have fine hair and seem a little delicate, with low resistance to colds or other illnesses.

**Sulphur:** good if your baby has a reddish irritation or rash on the chin or diaper area during teething episodes. Diarrhea (often whitish) may occur because of stress. The baby is irritable and anxious, feeling worse from being warm.

**Homeopathy Dosage Directions:** You should select the remedy that most closely matches the symptoms. In conditions where self-treatment is appropriate, unless otherwise directed by a physician, a lower potency (6X, 6C, 12X, 12C, 30X, or 30C) should be used. Always follows the dosage instruction on the label; never, ever deviate unless advised by your doctor.

## About the Author

Filling prescriptions online is convenient and sometimes a bargain, but be sure there is a legitimate licensed pharmacist behind that sophisticated.

Source: <http://www.productsherbal.com>