

Toenail Fungus Treatments That Work & Those Which Do Not: Learn of Natural Toenail Fungus Treatments

VicksSurgical Removal of Toenail Fungus: This is the worst case scenario obviously. If your toenails are so thickened and curling, it is nearly impossible to effectively treat these nails with anything. You can try the other treatments I suggest but the likelihood of success may not be what you want.

Lamisil: Not all people are affected badly by Lamisil. However, the FDA did put out an advisory for physicians. This excerpt is from the FDA website: "Both Sporanox® and Lamisil® have been associated with serious hepatic toxicity, including liver failure and death, including some cases involving patients who had neither pre-existing liver disease nor a serious underlying medical condition. As of April 2001, the FDA is aware of 16 cases of liver failure in association with Lamisil® Tablet use (including 11 deaths and two liver transplantations). These patients received Lamisil® Tablets for the treatment of various dermatologic conditions, including onychomycosis."This stuff is not just extremely expensive. It is extremely hepatotoxic - liver damaging. I took it as I didn't know about the other treatments. I didn't need surgery as the toenail fungus wasn't so gnarly but Vick's didn't work and Tea Tree oil didn't work. So while in Russia, I bought up enough Lamisil to fix me up and swallowed it for 2 months daily. Ouch. Luckily I only paid about \$125 for the Lamisil. Here in the USA you are talking about \$1500 dollars plus for enough Lamisil to effectively treat the fungus. That hurts - especially when insurance doesn't cover it. What else hurts is one's liver. The metabolites of Lamisil are truly damaging to the liver so I recommend talking with a trained Naturopathic physician about how to repair your liver during and after the Lamisil treatment. Luckily, the liver is one tough organ. Did you know that you can lop off 1/3rd of your liver and it will grow back!?! Truly.

Acidophilis Beer Soak: Sounds hilarious and like a gimmick but believe me, the little fungal critters under your nail start running when they taste toenail-softening Guinness Stout. I would never believe in this remedy had it not come from a respected professor/doctor of mine. He has used it effectively all but once. That one time was due to him using capsule acidophilis, lite beer and apple cider vinegar. That won't work.

This natural toenail fungus treatment information came to me via a professor of mine during our medical procedures course. I am passing it on to you in hopes that people try this first before resorting to the toxic effects of Lamisil. The basic premise behind this odd sounding natural toenail fungus treatment is to soften the nail with the dark beer, create an acidic environment with vinegar which is beneficial to good bacteria and deadly to fungus and then penetrate the nails with massive amount of live beneficial bacteria to help kill and prevent further recurrences.

Essential Ingredients:

About the Author

Select from more than 60000 retail pharmacies in the LifeWise Custom Network. Use the Medco By Mail pharmacy service for new and refill.

Source: <http://www.productsherbal.com>