

## Herbs for Cancer - All About Herbs for Cancer

Herbs for cancer act in two ways – (a) they strengthen the body and (b) help bring it back to a balanced state so that it can fight and destroy cancer. Some of these herbs have been in use for over 5,000 years in Chinese medicine. Different types of herbs work differently to counter cancer and its effects. These herbs are usually grouped into three: anti-toxic herbs that offset the damaging effects of chemotherapy and radiation, herbs that strengthen and balance the immune system, and herbs that eliminate root causes to prevent the cancer from recurring. Below are some of the popular herbs used for fighting cancer. Note: This is for informational purposes only and should not be taken as a medical advice.

1. Oldenlandia as herbs for cancer Oldenlandia, or Bai He She She Cao (Chinese name), from the plant *Herba Hedyotidis Diffusae* or *Oldenlandia Diffusae*, is used to relieve toxicity and clear heat. It is used in the treatment of colon, stomach, and esophageal cancer. It is said to activate the reticuloendothelial system and helps to increase phagocytosis by lymphocytes. It is also said to aid in granulocytic leukemia and acute lymphocytic by inhibiting vitro cells in high concentration.
2. Selaginaella as herbs for cancer Selaginaella, or Shi Shang Bai (Chinese name), from the plant *Herba Selaginellae Doederleinii*, from the Selaginellaceae family, is used to relieve toxicity and to clear heat. It is used in the treatment of throat and lung cancer, as well as in malignant hydatidiform moles, showing remission in 50 percent of patients. It is used in China, to treat smaller body cancers in the lungs, liver, throat, and nose. It is said to increase cancer remissions when used with chemotherapy and radiation.
3. Sophora root as herbs for cancer Sophora root, also Shan Dou Gen (Chinese name), from the plant *Radix Sophorae Tonkinensis*, from the family Leguminaceae, is used to relieve toxicity, and to clear heat. It is used in the treatment of acute lymphocytic/granulocytic leukemia. It was also found to have inhibiting properties in cellular respiration of malignant cells and dehydrogenase activity.
4. Zedoania as herbs for cancer Zedonia, also E Zhu (Chinese name), from the plant *Rhizoma Curcumae Ezhu*, from the Zingiberaceae family, is used to invigorate blood. It is thought to inhibit granuloma, and is often administered with San Leng (*Rhizoma Sparganii Stoloniferi*). It is used in the treatment of cervical cancer, where 30 out of 80 patients were completely cured in China, and 15 were found to have a 50% tumor size reduction.

**IMPORTANT:** Before taking any herbs for cancer, it is highly important to consult with an oncologist and a professional herbologist first. Herbal supplements and herbs for cancer are not regulated by the Food and Drug Administration Board. Herbal supplement manufacturers should strictly comply with GMP standards to ensure that their products do not contain any contaminants and have the right amount of ingredients.

## About the Author

It is worth noting that several courts have stated that the remedies provided for by the Privacy Act are exclusive, in that a violation of the Act does not.

Source: <http://www.productsherbal.com>