

Colloidal Silver - Home Made Remedies For Acne

In fact colloidal silver supplement can not be classified as home made remedy for treatment of acne and other infectious diseases just because it is not manufactured at home. Colloidal silver products surely meets the criteria of natural dietary supplement, being prepared from natural silver element and distilled water. Further, like other natural home made remedies, colloidal silver is manufactured through non-chemical process. These properties of colloidal silver supplements are considered sufficient to term it as natural remedy. Many people prefer home made remedies over-the-counter medications for relieving their acne condition. Certain home made remedies have proved more effective (apart from being cheaper) and providing long lasting results. Following are some of the home made remedies used traditionally for treating acne and other skin disorders.

Ensuring adequate quantity of vitamins in diet. Approximately 50,000 international units of vitamin A, per day is considered appropriate for treating acne. Use of Zinc. Adequate intake (about 50mg thrice a day) of zinc can help in treatment of acne, if taken for a period of about six weeks.

Orange peels. Just pound orange peel with water and apply it to areas affected by acne.

Lemon juice. Applying lemon juice on the acne areas affected by acne produces better results.

Garlic. Just take three garlic seeds for about month's period. That's all. Garlic has the property even to treat severe acne and has been in use in acne treatment since hundreds of years.

Mint and Coriander Juice. Applying combination of mint or coriander juice and turmeric powder is considered as best treatment for acne, specifically for removing pimples and blackheads.

Fenugreek. Application of Fenugreek leaves paste on the acne affected area can help in relieving acne.

Cucumber. Cucumber is considered beneficial in treatment of pimples and blackheads.

Colloidal silver supplements (solutions as well as topical form) are obtained from pure silver through electro-charging method. Like other home made remedies colloidal silver also does not contain any chemicals or additives. Moreover, colloidal silver products do not produce any side effects. The colloidal silver products meet all traits, like use of natural substance, prepared through non-chemical process and not producing side effects; makes it fit to be termed as home made remedy. Some colloidal silver generator kits are available in market that could be used for preparing colloidal silver at home.

About the Author

Medicinal remedies for treatment of common skin ailments including burns, rashes, generalized itching, and bug bites.

Source: <http://www.productsherbal.com>