

## Home Remedy For Fleas

Fleas are the most annoying and troublesome insects for both humans and their pets. While we can use various products to rid ourselves of fleas, old-fashioned, preventative home remedies relieve us of ever having to have them in the first place. Various techniques and products are available in the market to get rid of these fleas, but we don't often get the expected results. Even if we do manage to rid ourselves of the scourge of fleas, this is often not long-lasting or accompanied by side-effects. For example, the use of prednisone and corticosteroid drugs helps to give relief from flea bites, but at the same time, weakens the immune system. Similarly, chemicals containing poisons are often successful in killing fleas, but they are unsafe on pets in the long term. Keeping all these factors in mind, it is best to use home remedies to get rid of these annoying creatures. To prevent fleas, keep your home clean, indoors and outdoors! All the carpets and floors, and all the corners of the house should be thoroughly vacuumed regularly. The kitchen should be cleaned properly, cleaning up food spills and covering all food stuff. A clean home is an unattractive one to fleas! Water is also a breeding place for fleas, so all the leaky pipes should be promptly repaired. In case you need to use pesticides, the natural, less harmful ones, should be used. Placing herbs like bay leaves, coriander, dill, lemon peel, or clove in pantry shelves, or in stored grain has proved to be effective in keeping fleas away. Also, giving the pets diets rich in essential fatty acids (EFA) strengthens their immune system and makes them less attractive to fleas. It is important to keep pets and their bedding clean by washing them regularly. Following these simple steps can easily free us from the trouble of fleas.

## About the Author

Chicken soup has been used for treating common respiratory illnesses at least since the 12th century.

Source: <http://www.productsherbal.com>