

Remedies to Prevent Hair Loss

Almost everyone likes to have thick hair as it adds value to your personality. But if your hair is not dense it can be enhanced with proper treatment. Rosemary is an important ingredient that promotes hair quality. Mix ½ cup of rosemary to 1 cup of water. Add this solution to half the quantity of your shampoo and cleanse your head. Rosemary helps opening the blocked pores in the scalp and thus gives a chance for hair growth. Tea can be made out of this product and it is useful for the overall blood circulation and supports hair growth also. You can also clean your hair with slightly cold water to make them shine and glow. If you wish to make them lighter, apply lemon or lemon juice. Make use of egg yolk when the hair is wet. This conditions the hair and prevents hair splits and hair loss. To make your hair look healthier and shiny mix almond oil and castor oil and massage the scalp gently. Cover it with a towel for sometime so that the scalp absorbs the mixture. Rinse your hair with a mixture of 2-3 teaspoonfuls of honey and water. Aloe Vera helps to prevent the male pattern baldness in women and when applied to the scalp gives rise to thick and healthy hair. Onion includes high quality sulfur in it and therefore it yields the same benefits like Aloe Vera. The red pepper popularly known as Capsium releases the hormone to the cells known as histamine. In this way all the necessary nutrients reach the scalp area and thus gives scope for hair growth. To prepare a quick conditioner mix one egg with 1 tsp vinegar and glycerin. We can also make a honey conditioner by adding 1-2 whipped eggs to honey along with olive oil. When we mix about two eggs to 2 tsp of brandy we get an alcoholic conditioner. All the above-mentioned conditioners need to be gently applied on the scalp and should be cleansed with shampoo and steam. If you maintain a good quality of your hair then you will obviously create a good impression.

About the Author

Natural remedies, organic body care, organic soaps, organic oils and all natural.

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