

Popular Home Remedies For Acne Scar Removal THAT Can Help Clear Your Skin Up

There are plenty of acne medications available, but not everybody is keen on using synthetic products and ingredients on a regular basis. They are concerned that their skin might be affected. So they like to use a home remedy for acne scar removal. Home remedies have often been passed down from generation to generation, and incorporate a range of natural products. They improve the texture and tone of the skin, and can help reduce the intensity of acne scars. It's no good being impatient though - they take time to work. Often it takes between 3 and 6 months before you'll notice that the scars are markedly reduced or have even vanished completely. Sometimes a remedy might work perfectly for you, but be totally ineffective on someone else. But don't give up - you can always try another remedy, until you find one that works for you. One popular remedy for acne scar removal which many people find effective is to apply a mixture of cucumber and tomato juice to your face. Tomatoes are known for their antioxidant qualities, and can help prevent the skin being damaged at the cellular levels. It also helps strengthen the immune system and improve the skin tone. Cucumber and tomato are also both very good at tightening up the pores of your skin. The first step is to wash your face with lukewarm water, to make sure there are not traces of make up or ointment left on your face. Apply the juices in the form of a mask, and keep it in place for 20 to 30 minutes before you remove it. Another effective remedy is to make a paste from sandalwood and black gram. Use either milk or rose water as the base for the paste. Apply over the whole face, or just in the affected area, and leave it overnight. Wash your face clean with cool water in the morning. Sandalwood does a great job of reducing skin inflammation and irritation because it has a cooling effect. Tea tree oil from Australia and Neem paste from India are two other very useful remedies. They both have very good bactericidal properties, and many people have found them very effective in treating scars and also in preventing further infection. Another way of drawing out the pimple and speeding up the healing process is to use egg whites. Again, these are used as a facemask and left overnight. Wheat germ is another possibility, as it's rich in vitamins and has a positive effect on the skin if taken regularly. If the inflammation is severe and you need quick relief, try using an ice pack. An ice pack can be very effective at reducing swelling and inflammation, and helps to tighten the skin pores.

About the Author

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