

## Ulcerative Colitis Remedies

Although there are many products on the market which claim to be ulcerative colitis remedies, it is important to follow your doctor's advice. Products containing aloe are often recommended by many doctors, but taking other products without consulting your doctor, including activated charcoal and ulcerative colitis symptoms may worsen. Some companies are advertising activated charcoal and ulcerative colitis remedies as alternatives to medicines which have been proven to keep ulcerative colitis under control in the majority of people who suffer from the disease. While it is understandable that some people may not be able to take certain of the most commonly prescribed medications for the control of ulcerative colitis, remedies like activated charcoal and other home remedies may be ineffective. Home treatment may be effective for those people who have mild symptoms, but it is important to focus on overall health and nutrition, rather than relying on a product like activated charcoal. Activated charcoal is a material that attracts and bonds with the molecules of other substances. It is used to treat poisoning and to prevent or relieve gas and bloating. There have been no clinical studies supporting activated charcoal and ulcerative colitis control. In fact there are concerns about using activated charcoal on a regular basis, because it may inhibit the absorption of essential nutrients. It is believed that people who suffer from ulcerative colitis may not be getting all of the vitamins and nutrients that they need from the food that they eat, so to introduce a product into this equation that may reduce absorption of nutrients even more may not be a good idea. Of the ulcerative colitis remedies available without a prescription, products containing aloe are generally considered safe and may be effective. Aloe is known to be an anti-inflammatory and it is known to promote healing. It is used as a topical ointment to relieve the pain from and promote the healing of burns and other skin irritations and sores. In cases of ulcerative colitis, it is known that the lining of the colon is inflamed, irritated and sores may be present. It is believed that aloe products designed for use as ulcerative colitis remedies reduce inflammation, pain and promote healing of affected parts of the colon.

## About the Author

Reviews equity and nonmonetary remedies, principles of damages, and restitution. Also identifies mistakes in contracting and gift transactions, remedies.

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