

## Phoenix Suns Training Facility Among the First All-Nautilus

PHOENIX, AZ--(Marketwire - December 3, 2007) - Like a rising phoenix, the leading brand in fitness is preparing to recapture its leadership in Arizona with on-the-ground presence and a new deal to provide an all-Nautilus lineup in the updated Phoenix Suns training center.

A 30-piece assortment of Nautilus equipment is being installed this month to help the Phoenix Suns prepare for a fourth straight trip to the playoffs. The custom-designed assortment includes eight cardio units, including elliptical, treadmills and the company's novel TreadClimber product, along with more than 20 circuit strength and free-weight products from Nautilus, the company synonymous with commercial fitness excellence.

"We wanted to provide our athletes the best equipment available and Nautilus wanted to create a high-profile presence in the region, so we decided to work together to achieve both goals," said Erik Phillips, Assistant Athletic Trainer, Strength and Conditioning Coach of the Phoenix Suns. "Working on the equipment has resulted in nothing but favorable feedback from both the players and staff and has fit nicely into our model of performance enhancement." The agreement involves equipping the facility with the latest Nautilus equipment and granting prospective Nautilus customers access to the fitness center during off-peak times.

The Suns' installation signifies a change in the way Nautilus serves its commercial clientele in key markets. Previously, Nautilus equipment was only available through transaction-driven distributors or dealers, who represent multiple brands from numerous companies.

"With a brand new line of strength and cardiovascular equipment, we are eager to introduce our innovative new products to clubs, teams, sports and community facilities, along with corporate facilities and living complexes throughout the greater Phoenix area and the desert southwest," said Tim Joyce, Senior Vice President of Global Sales for Nautilus, Inc., based in Vancouver, Wash.

"We are raising the standard for customer service by hiring key personnel locally to represent our complete line in major markets with high demand for fitness equipment, such as Arizona."

Joyce said Phoenix resident Laurie Stamas has been hired to represent Nautilus in the region. A former regional manager for consumer products company Procter Gamble, Stamas is active in the Phoenix community through the Juvenile Diabetes Research Foundation, Scottsdale Christian Academy, Valley Youth Theater, Assumption Greek Orthodox Church, and the Phoenix Cotillion where she serves as a board member. She can be reached at 480/951-5024.

About Nautilus, Inc.

Headquartered in Vancouver, Wash., Nautilus, Inc.

Nautilus manufactures and markets innovative fitness products through direct, commercial, retail, and international channels. Formed in 1986, the company had 2006 sales of \$680 million. It has 1,450 employees and operations in Washington, Oregon, Colorado, Oklahoma, Illinois, Virginia, Canada, Switzerland, Germany, United Kingdom, Italy, China, Australia, and other locations around the world. Website: [www.nautilusinc.com](http://www.nautilusinc.com).

In connection with the solicitation of proxies, Nautilus has filed with the SEC and mailed to shareholders a definitive proxy statement (the "Proxy Statement"). The Proxy Statement contains detailed information about Nautilus, the special meeting and individuals who are deemed to be participants in Nautilus' solicitation of proxies. Nautilus' shareholders are urged to read the Proxy Statement carefully in its entirety. Shareholders may obtain additional free copies of the Proxy Statement and other relevant documents filed with the SEC by Nautilus through the website maintained by the SEC at [www.sec.gov](http://www.sec.gov).

Elliptical motion trainers are the best ways excellent weight loss. the same number of calories will be burned on an oval-shaped sports trainer, as you would jogging. Although elliptical trainers provide a great cardio-pulmonary vascular retrenched, but it has a relatively low impact. Have less pressure on joints so that the legs. This is why it is not hard as a treadmill, and is ideal for all age groups. Many versions, and select elliptical trainers, but also in the market.

If you want to consider some an elliptical trainer, you must ensure that it has a 21 by leaps and bounds, this length is very suitable for ordinary people, many elliptical trainers that are also equipped with a 14 a great step forward. These are foldable elliptical trainers, but also can be quite inconvenient. you should look at the reviews of elliptical trainers, and compare various elliptical trainers, which could be market before you actually buy. In addition, you should compare prices, the type of material used, the extent, its function has good control panel .

Most important thing is that you should read all the reviews before buying decision. The showroom and retail, and many supermarkets also elliptical trainers. again the various factors, you should look at is the length of the leap, whether weapons or not, price factors, all levels of intensity, the display control panel, warranty, will be with elliptical trainers and your budget. So you can make a comparison and review of the elliptical trainers can help you make a wise decision.

serious about your workout program in an attempt to get an elliptical trainer aircraft equipped with advanced functions, it can help you work on the different muscle groups, but also can keep track of your progress, with the passage of time. advised you that you should not get a cheaper model a little more money, but you should be a model, can prove far more conducive to you and your health. This is a good idea, I do not know what you need, and then did some market research before making a purchase decision. Commercial grade instructors more durable, but also much more expensive. Cost elliptical trainer From 300 yuan, and can cost as much as 3,000 US dollars depending on the functions and features, elliptical trainer.

Some popular brands in the business-class liner is precor elliptical machine, fitnex, star redeployment, smooth and stairmaster. If this situation goes on the search to obtain the best elliptical machine, left himself to meet!

## About the Author

From [www.marketwire.com](http://www.marketwire.com):

An elliptical trainer can change the way you look and feel. But before you buy do your homework and get the model that is best for your needs. Shop for elliptical trainer machines online at WorkoutWarehouse. Elliptical exercise machines combine upper and lower body workout features. Elliptical Trainers offer a great exercise in the comfort of your own home. Check out our Elliptical Fitness Guide to help find the Best Elliptical. Here are my picks for best elliptical trainer. To get the best elliptical trainer rating, it had to meet the criteria set forth in my elliptical. The Best Elliptical Trainer For You. Elliptical trainers are rapidly catching on with many fitness gyms and home exercisers. List of the best elliptical, elliptical , and elliptical sites on the web. Filed under trainer, schwinn elliptical trainer, schwinn, elliptical. Exercise equipment expert picks the best elliptical trainer machine. A community about best elliptical trainer. Tag and discover new products. Share your images and discuss your questions with best elliptical.

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