

## Fire guts Steiner Ranch home San Marcos police investigate

CENTRAL TEXAS DIGEST Fire guts Steiner Ranch home; San Marcos police investigate suspicious death COMPILED FROM STAFF REPORTS

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### TRAVIS COUNTY

#### 3 flee fire caused by lightning

A fire sparked by lightning at a house in western Travis County caused \$580,000 in damage early Sunday, officials said.

The home in the 13000 block of Country Trails Lane in the Steiner Ranch area was struck by lightning about 6:45 a.m.

The two adults and baby in the home made it out safely, a spokesman for Lake Travis Fire Rescue said. It took firefighters 45 minutes to put out the fire.

### SAN MARCOS

#### Man found dead inside car

Police are investigating the suspicious death of a man found inside a vehicle Saturday night.

A resident called police at 7:47 p.m. to report a vehicle with its headlights on in a field near the 1500 block of River Road, east of Interstate 35 near Texas 80.

Police did not reveal the cause of death and have not released the man's name, pending notification of his family.

### PUBLIC HEALTH

#### Aid for medical bills offered

Parents struggling to pay for treatment, services or equipment not fully covered by insurance might be able to get a grant of up to \$5,000 from UnitedHealthcare Children's Foundation.

The nonprofit helps pay for such services as speech therapy, physical therapy, occupational therapy, prescriptions and equipment such as wheelchairs, orthotics and eyeglasses.

Children must be 16 or younger and families must meet economic guidelines and be covered by a commercial health insurance plan.

Online applications are available at [www.uhccf.org](http://www.uhccf.org); parents must go through a screening process.

#### Learn your disaster lessons

The Texas Department of State Health Services begins its Ready or Not? Have A Plan educational tour today at the Capitol. The tour is designed to teach people how to create family emergency plans and learn about emergency preparedness in their communities.

The tour, which includes nine stops statewide through June 10, is part of a campaign to encourage Texans to prepare for disasters.

Today's event is scheduled for 10 a.m. to 12:30 p.m. on the Capitol's south steps and will include representatives from State Health Services, the Austin/Travis County Health and Human Services Department, the Governor's Division of Emergency Management, the American Red Cross, 2-1-1 Texas, the Texas Association of Regional Councils and other public health and emergency response agencies.

### ENVIRONMENT

## Study links smog to early death

Smog can contribute to premature death, according to a report released last week by the National Academy of Sciences.

The finding, released in a report called Estimating Mortality Risk Reduction and Economic Benefits from Controlling Ozone Air Pollution, comes as several Texas cities, including Austin, are on the verge of violating new federal smog standards.

Other Texas cities, including Dallas and Houston, already violate the smog standards.

Environmental groups, cities and industry have tangled over the economic and health consequences of smog regulations for years.

## RF treatment

Concept: also known as radio frequency, is a higher frequency of the electromagnetic spectrum. The band of the electromagnetic field can not rely on the conductor directly in the atmosphere or a vacuum spread. Currently in clinical treatment for more radio frequency is low temperature plasma.

Low-temperature plasma treatment of the basic principles: low temperature (40-70

Plasma area is a highly ionized particles formed, these ion of the particles have sufficient energy to crush the organization of the molecular chain of organic molecules so that molecules and molecular separation, reducing the volume organizations.

RF treatment advantages: the relatively small damage surrounding tissue; treatment of lower temperatures; organizations designated to melt, less heat penetration, the release of less radical, inflammatory response light; RF treatment of non-carbonized, no environmental pollution.

Disadvantages: invasive treatment of energy difficult to accurately, a constant target in the nasal-specific level, the destruction of nasal epithelium. Low-temperature plasma treatment is the basic principle of low-temperature ablation, namely the use of low-temperature plasma RF energy at a lower temperature (40-70 degrees) to organize the removal, so as to reduce the organization s injury, and can greatly alleviate the suffering of patients and Shorten the recovery cycle.

## 4, ultrasound treatment

Mechanism: Focused Ultrasound technology is non-invasive treatment of the in vitro ultrasound will focus on the human body specific target, the focus of high energy ultrasound through the biological effects, role in the nasal tissue, reducing submucosal nerves, blood vessels and The response of the glands, so that in an instant target organization structure and function of change, reducing the intensity of nasal allergy, nasal cavity and increase effective ventilation area, the selective destruction of the role of sympathetic nerve fibers, thereby significantly improving the nasal allergic rhinitis, Nose itch, sneezes, the flow of water, such as T-like symptoms, to treat disease and improve symptoms in patients with the purpose and focus outside the organization will not happen injury, and non-invasive treatment of the concept. Ultrasound treatment of allergic rhinitis:

### 1, surface anesthesia

### 2, the former nose-or endoscopic treatment

Ultrasound treatment for rhinitis will be focused ultrasound technology used in the treatment of non-invasive treatment of allergic rhinitis, for doctors to provide a new treatment option, a high efficiency, low complication advantage.

Disadvantages: invasive treatment, treatment is more complicated operation, the operator of the relatively high demand, the higher cost.

### Third, clinical application

From September 2002 to the beginning of our hospital treatment of patients with allergic rhinitis using different means to support physical therapy treatment, to August 2006, the use of physical therapy to the hospital means the adjuvant treatment of patients with statistics (see Table).

## About the Author

From [www.statesman.com](http://www.statesman.com):

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