

Tom Cruise to Oprah: Life isn't perfect

Cruise and Winfrey went on a tour of the family home -- from the mudroom, where a pair of fleece-lined slippers marked Oprah filled one cubby, to daughter Suri's little office under the stairs, to the study where bound scripts from Cruise movies line the bookshelves (yes, there was Cocktail, front and center) -- before settling into an overstuffed sofa.

This is just so normal, Winfrey exclaimed as the two stood in the enormous, professionally outfitted kitchen while the camera went from the breathtaking mountain views to the plate of cupcakes on a kitchen table. You bet. Just two superrich, overexposed media icons sitting around talking.

Obviously, the interview, the first of two, if you can imagine, was Cruise's attempt to settle all family business, to put to rest the rumors of mental instability that ran rampant through Hollywood after his manic appearance on Oprah was swiftly followed by his denunciation of Brooke Shields for taking antidepressants and his anti-psychiatry diatribe against Today host Matt Lauer. Since then, he has married Holmes, welcomed baby Suri, been fired from Paramount by Sumner Redstone, resurrected United Artists with production partner Paula Wagner, and, perhaps most important, returned to a haven of professional handlers -- after the Oprah debacle, he jettisoned his sister, who had been functioning as his publicist, and hired Paul Bloch from Rogers Cowan.

Now with United Artists treading water after a lackluster debut (Lions for Lambs) and a stalled Valkyrie, Cruise has his eye on Mission: Impossible 4 and, perhaps, a return to the hearts of moviegoing America.

You're living your dream, Winfrey told him several times toward the end of the interview, to which he replied: And I'm getting ready to turn this up.

It was difficult not to hear this as a threat. Turn what up? His public persona? I thought we were hoping to turn that down.

He certainly cannot have been referring to the famous grin, which was so blinding during the interview that one wondered if computer graphics were not involved. Nor did he seem to be talking about his on-camera presence, which was subdued to the point of near catatonia at times. No one would confuse Tom Cruise with William F. Buckley or even Robert Downey Jr.

Oprah, when you saw her straining every synapse to coax a complete sentence out of her subject until she finally gave up and filled in the words herself.

And it's not like the questions were all that difficult.

What was going on with you during the sofa incident? How important is friendship to you? How is your relationship with Nicole? Does the press affect your kids? were a few of the more burning queries. Were you surprised? she asked of the public reaction to his couch bounce, his marriage to Katie, the birth of Suri. It was a moment (the sofa bouncing). Friendship is the most important thing, his relationship with former wife Nicole Kidman

We share custody whenever -- his kids love him and know he is there for them, and sometimes he is surprised by the rumors that swirl around him. Sometimes it's like 'I get it, I get to make movies,' he said, ...but certain things, you go: Come on.'

Indeed. We couldn't have said it better ourselves.

I don't want them to worry. I take care of things. Getting ready to turn this up. I wish for you the peace this mountain can bring.

-- Mary McNamara

(Photo courtesy AP)

Poof. Trying to get some PR and market share in hopes that will help with the release of the now-twice-delayed Valkyrie. Poof. Valkyrie is dead. It was all like a stage set, and to me, the strangest comments were those about getting 25 people into the dining room for dinner, or 18 to 20 into the media room to watch sports or a movie. Who's counting? -- but does it seem like their family is anywhere near that big? Yeah, yeah, friends and all that, but it just sounded like so much hype, as in look how many people come to hang out here.

Mary McNamara, I have to hand it to you, when you commented about Oprah saying "This is just so normal," you could not have said it better: "You bet. Just two superrich, overexposed media icons sitting around talking"

I have read a couple of the Oprah magazines, and I have to tell you, her impression of reasonable cost for clothing, makeup and jewelry is completely skewed.

As for the interview she had with Tom, he very obviously has some emotional and mental problems.

Psychiatric modern medical science is an important branch of its main obstacles to the spirit of the etiology, pathogenesis, and clinical disease, as the law and the prevention, diagnosis, treatment and rehabilitation, and other related issues.

Modern psychiatry is not involved in all kinds of psychosis, neurosis, psychosomatic illness or physical disease with the diagnosis and treatment of mental disorders, but also to adapt to obstacles, personality disorders, sexual psychology partial vary, and many types of children s intelligence, ability or character development on the Barriers to the prevention, correction and disposal problems. Modern psychiatry in theory involved in natural sciences, psychology and social sciences in a number of branches, in practice, has developed to mental health and social integration of the stage.

The history of psychiatry

People in the spirit of understanding, decisions and often influence people s attitude to mental disorders, viewpoints and methods. Psychiatric reflect the development process is one of mental disorders and their understanding of the law of course, also reflects the correct from the human spirit and to reverse the barriers of discrimination, prejudice in the course of progress.

Different times in various national cultural medical records, all records of mental disorders and their diagnosis and treatment of diseases like, and the people of these phenomena point of view. But in the long historical period of scientific and cultural backwardness, mental disorders and hard to be seen as absurd the strange phenomenon, and the patients were seen as the devil is entangled and have been abused or maim.

Material science and technology development, promoting people s mental disorders attitude changes. 18th century French Revolution, Pi Neier to lift the yoke of patients and to the humanitarian attitude towards mental patients, the concept of Psychiatry, wrote in the history of an epoch-making one. Psychiatry and lead into the threshold of medical science.

Keleipeilin summed up the previous observation of research results to determine the early-onset dementia and manic depression

For the future of biological psychiatry has laid a foundation for the creation of the spirit of Freud s theory, expanded from pathological mental areas to explore some of the causes of mental illness and seek treatment means; later, Meyer said by the spirit of biology, That a personality disorder or the reality of social environmental factors, so as to promote the mental health work was the development of social psychiatry and the gradual formation.

Work in practice, because of the level of development of science limited until the 1930s, psychiatry is still a descriptive of the stage and the accumulation of information, lack of extensive and effective treatment measures, hospital management is also still in the caretaker of the state of care .

20 since the beginning of the 1950s, psychotropic substances widely used in the field of psychiatry, and pharmacology of the brain and other subsequent development of science and to promote the contemporary psychiatry leap in progress. Many people have summed up the treatment of mental disorders and effective measures. For example, the treatment of various types of psychotropic substances, in large measure to control or eliminate the symptoms of mental disorders, thus helping to psychological treatment, the treatment and social entertainment for the conduct.

With the innovative methods of treatment, the hospital has changed the atmosphere so that the closure of the caretaker management of a change for the open management, the complete disarmament of physical restraints on patients and is conducive to the rehabilitation of patients.

At the same time, the diagnosis of mental disorders progress has been made in technology. EEG, the potential distribution of the brain, brain evoked potential brain computer tomography scanner and brain MRI technology applications, to help conduct an objective examination of certain diseases. Investigation and many psychological and personality tested and tested method of smart, more conducive to the spirit of the psychological obstacles to the development of diagnostic technology. Prevalence of mental illness and the popularity of social psychiatry, from a macro study on the causes of mental disorder, social treatment and rehabilitation measures have achieved unprecedented results.

The content of Psychiatry,

Psychiatry and clinical subjects are inextricably linked. For example, many nervous system diseases, metabolism, endocrine disorders and internal

organs at different stages of the disease with mental disorders may need to dispose of; suffering from the disease to the general body also easy to produce some psychological, emotional problems, and thus interfering with the original diagnosis and treatment of diseases, the need for Identification and treatment.

Many of psychiatry research methods, such as personality Investigation, emotional scale, psychosomatic diseases can be applied to the investigation and research, or applied to other clinical departments. In addition, the implementation of the General Hospital in health and disease mental health counselling and psychological treatment, is in urgent need of the masses, and should be implemented to promote.

Psychiatry, the cause of theoretical study and has been extended psychology, genetics, physiological psychology, the spirit of Endocrinology, the spirit of pharmacology, chemistry and other physical neural basis of many areas. In these different areas around the psychological barrier of the research results will promote all the relevant basic medical advance.

Genetics research has revealed many of the causes of mental retardation, such as Down s Syndrome is a chromosomal aberrations caused by some other genetic metabolic diseases, such as benzene acid urine disease is autosomal recessive genetic, the patient Effects of hydroxyl The lack of activity, not of a styrene-acrylic acid tyrosine, leading to mental retardation. Statistics show that the large number of genetics, family history of schizophrenia with the heirs of the expected incidence rate is higher than the general population.

Biochemical aspects of the study also suggested that certain mental disorders related to the cause of factors. For example, the study found that affective psychosis, the incidence of central nervous transmitters when there are changes, mainly in the synapses between neurons, norepinephrine and 5 - serotonin changes. In a manic state, the increase in norepinephrine, in a state of depression 5 - serotonin in lower than normal.

Also, in some patients with schizophrenia, also confirmed the body was there when the incidence of excessive methylation of monoamine metabolites; some patients, platelets in the monoamine oxidase activity of reducing. The spirit of pharmacology, but also for some of the pathogenesis of mental disorders provide clues. For example, the excitement of amphetamine dependence on drugs, can cause similar to schizophrenia amphetamine toxic psychosis.

Research that amphetamine as a dopamine agonist, the yuan strengthened synapses between the central nervous dopaminergic activity, similar to schizophrenia from the spirit of anomalies. However, different types of antipsychotics, but also by blocking dopamine receptors, can reduce the activity of dopamine, and reduce the symptoms of schizophrenia which makes people take into account the excessive dopamine activity, may be schizophrenic In the pathogenesis of the important role. Many tricyclic antidepressants, is by blocking the central monoamine synaptic membranes in the re-uptake, indirectly improve the content of amines and a therapeutic effect. This idea, because the incidence of depression, there is a monoamine metabolism disorders.

As the microstructure of research means and methods of innovation and research in pathology of organic brain disorder caused by mental disorders, also has a great development. He Ban different parts of the brain such as the discovery and research, contribute to the understanding of Alzheimer s disease pathology characteristics, contribute to Alzheimer s disease and the general ageing of the differential diagnosis.

Psychology has always been that psychiatry is an important foundation for one of the subjects. Psychological and physiological psychology, both the diagnosis and treatment of mental illness and had an impact on theory. Among them, Physiological Psychology of a lot of psychological abnormality, such as emotion, motivation and memory disorders at the neurological basis of these contribute to the progressive spirit of abnormal provide for the physical and chemical basis.

Psychiatry can be divided into many professionals, such as clinical psychiatry, adult psychiatry, child psychiatry, old age psychiatry, judicial psychiatry, contact - consultation psychiatry, prevalence of mental illness, social psychiatry, community psychiatry, professional mental illness Xue, and so on.

Psychiatry, the development of more rapid, but hamper the development of disciplines the main problem is still far from Xiangming the causes of mental disorders and morbidity principle, it is the cause of the future development of psychiatry in one of the important issues.

In the cause of, people now have universal importance of biological - Medical - psychological - the medical community of this new model, in the way of full attention on the integration of micro and macro research. At the micro study, the importance of genetics, immunology in a number of mental disorders play a role in the overall population in the same emphasis on the prevalence survey to identify the prevalence of disease and ecological factors, which summarized the Many mental disorders social causes.

At present, many experts believe that the spirit of the obstacles to the development and prognosis of the old and individual genetic factors, susceptible quality, personality characteristics of the former, at the onset of the body, and mental trauma, trigger factors in the environment and social and cultural background have Extensive contact. Should make full use of natural and social sciences development results, strengthening the comprehensive multi-disciplinary research, extensive accumulation of information and can achieve results.

Psychological factors to stimulate the theory of disease, is now available to the depth of the development of information theory. General information on that individual s awareness, assessment and the resulting emotional impact on health. People were nervous, physical, mental and spiritual endocrine biochemical studies to clarify psychological factors lead to stimulate the spirit of the unusual mechanism.

Also, some mental disorders such as schizophrenia, there are obvious genetic factors, but genetic factors play a role in what way, has yet to be clarified. Prevalence of mental illnesses must study the impact of mental illness, development and the outcome of the various ecological and environmental factors, combined with analysis, from a macro to find causes and laws.

The treatment of mental disorders usually integrated measures, such as the spirit of various drug treatment, psychological treatment, the treatment and social rehabilitation therapy. In the medical point of view, for the treatment of different schools of view, take a pragmatic attitude toward the eclectic. In the implementation of the treatment, taken from the general psychiatric doctors, nurses, social workers, the treatment, psychological treatment group, consisting of cooperative work

The community-based treatment of mental disorders, has received wide attention and concern. The medical community can be less human and material resources, the large number of mental disorder prevention and treatment and rehabilitation, which showed that modern medicine has reached the development of medical and public health integration stage. Community mental health practice, be subject to public sympathy and support, the same must be coordinated social forces to establish medical facilities, the established goal of a medical plan.

The other branches of modern medical disciplines

Overview medicine, medical ethics, social medicine, popular science, emergency medicine, forensic science, biomedical engineering, medical ultrasound, marine medicine, aerospace medicine, diving medicine, psychiatry

About the Author

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The main purpose of this website is to offer a comprehensive source of information on psychiatry. It is still a work in progress so check back often for.

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