

Options Of The Best Colon Cancer Treatment

Among the most spread cancers, colon cancer usually occurs in men and women over the age of 50. The main causes of colon cancer are related to the patient's diet: very low in fiber and high in fat and calories. By keeping a healthy life style and good eating habits, you can prevent developing cancer of the colon even before this becomes a problem. You might also want to try and check your family history for cases of colon cancer and adopt a healthier diet in order to make sure you will avoid this problem in the future.

Colon cancer treatments are varied and you can choose from a series of traditional and alternative methods of dealing with this condition. Surgery is often the number one choice the surgeon removes the tumors on the colon, even if the cancer cells are spread beyond the colon itself. This ensures less problems in the future of the patient life, reducing chances of bowel problems or internal bleeding. Colon cancer surgery is usually categorized in four main areas: rectum resection, radio frequency ablation, colostomy and colon resection. The surgeon will determine which method is best suited for each individual patient.

Detecting cancer at a very early stage is important, as the problem can be corrected in a decisive and final manner. By using a polypectomy, the surgeon will remove suspicious polyps in order to minimize chances of the disease. Local excision may also be used in early stages, in order to remove the cancer cells. After surgery, your hospital should provide you with ongoing support in order to ensure a fast and efficient recovery.

Intra arterial chemotherapy is another treatment worth consideration. This treatment targets tumors by delivering a powerful dose of chemotherapy. Primary systemic chemotherapy is often used before a surgical procedure in order to destroy a large majority of cancer cells. Systemic therapy is usually used with metastatic cancer, while the third method, adjuvant chemotherapy, targets any cancer cells that might have been left over after surgery. All three chemotherapy procedures are delivered through the hepatic artery and are an option if the cancer has spread to the liver.

Another choice comes from chemoembolization treatment. In addition to being delivered intra arterially, this type of treatment blocks the blood flow to the areas affected by cancer. It traps the chemotherapy drugs in the area of the tumor, thus ensuring that they work efficiently and on target.

About the Author

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