

B Vitamins Have No Effect on Cardiovascular Risk in Women

MI, stroke, coronary revascularization, and cardiovascular death between those taking folic acid and vitamins B6 and B12 and those taking placebo, JoAnn Manson, M.D., Dr.P.H., of Brigham and Women's Hospital and Harvard School of Public Health, and colleagues found.

The negative finding came despite an 18.5% reduction in homocysteine levels (P

A reversible oxidation and reduction of participation in an organization through a variety of yellow-coenzyme (flavin mononucleotide and flavin adenine dinucleotide) and its bio-oxidation process in the delivery of hydrogen, to participate in Amino acids, fat and carbohydrate metabolism and cell respiration, retinal pigment metabolism and light adaptation.

In vivo oxidation and reduction in the role. Promote the absorption of iron and folic acid metabolism. So that the high-speed railway for the reduction of hemoglobin hemoglobin, the promotion of connective tissue mature, tyrosine, and other aromatic amino involved in metabolism, and promote adrenal cortex hormones, immune globulin, such as the synthesis of neurotransmitters.

Regulate the intestinal absorption of calcium and phosphorus ,1-25 (OH) 2-D3 in the intestinal mucosa of the cytoplasm, and promote calcium-binding protein synthesis, to participate in the delivery of calcium to promote the absorption of calcium. 1-25 (OH) 2-D3 able to promote the absorption of phosphorus.

2. Parathyroid with the synergies to promote free blood osteocalcin, transit to make new bone calcification.

3. Qu increase in the kidney back to the absorption of calcium and phosphorus.

About the Author

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