

Quebra Pedra for Alternative Health

From the Amazon Rainforest region comes a wealth of natural herbs and plants, used for centuries by the natives of Brazil for good health and overall well-being. One such byproduct of the Amazon is Quebra Pedra, a common additive in herbal remedies for digestion and interior cleansing. What is Quebra Pedra? Quebra Pedra is more commonly known as the *Phyllanthus niruri*, a tree indigenous to the Amazon Rainforest. From this tree the Quebra Pedra is extracted from the leaves, flowers and roots for various uses in tribal medicine. What's so great about Quebra Pedra? Quebra Pedra is used often by Amazon natives as a diuretic. Its healing properties have been known to stimulate bile production and cleanse the liver and kidneys. Quebra Pedra is taken often by people suffering urinary infections, kidney stones, and similar obstructions. Are there side effects to taking Quebra Pedra? People with diabetes or other blood sugar disorders may experience negative effects with this supplemental herb. Anyone interested should consult a doctor before taking. Quebra Pedra sounds great. Where can I get it? Enter Quebra Pedra into Internet search and you are bound to find some online shops, specializing in alternative health, selling the herb in various forms - capsules, tea, and liquid drops. This wonder supplement is in very high demand in South America, and is slowly gaining recognition in the United States. When you shop for Quebra Pedra in health supplements, make sure you are getting the herb in its purest form available, directly from the Amazon Rainforest. As always, consult with a physician before trying any type of health supplement to determine how your body will react. As alternative methods of remedy and healing become more known, so Quebra Pedra may be a common name in supplement ingredients.

About the Author

That would be even more unlikely than Democrats and Republicans agreeing on how to handle Social Security or Health.

Source: <http://www.productsherbal.com>