

Alcoholism - Herbs and Ayurvedic Remedies, Symptom of Alcoholism and Other Treatments

What is Alcoholism? Alcoholism is defined as an irresistible urge to consume alcohol. People suffering from alcoholism are very well aware of the dangerous effects alcohol could have on their bodies, but still they are unable to resist the urge to consume it. They will usually drink beyond acceptable limits and will be in an inebriated state most often, causing embarrassment and inconvenience to the people with them. Most people who consume alcohol have more than they can manage. This is seen in alcohol drinkers who lose control of their senses when they have one drink too many. Such an overstepping of limits is called as alcohol abuse. People who abuse alcohol are having more alcohol than their body allows them, but they have not yet come totally under the control of their alcohol habit. However, if they continue drinking for long, then they will not be able to resist alcohol and will become totally addicted to it. This situation is called as alcoholism. Both alcohol abuse and alcoholism are social vices apart from being detrimental to the person's health. They can be eliminated only by exercising control and being determined. Why is Alcoholism dangerous? Ethyl alcohol – the alcohol which is used in all alcohol products – is a liquid that immediately dissolves in the human blood. Hence when alcohol is consumed, it doesn't take much time to reach all parts of the human body. Due to this, the nervous system of the person is affected and he/she may lose responsiveness to external stimulus. This is when the person is said to be inebriated. Constant alcoholism will interfere with the functioning of all the vital organs of the body. The major organs affected are the liver, brain, heart and kidneys. Liver is perhaps the most seriously affected in the long run. With prolonged alcoholism, the liver may develop cirrhosis, which is scarring of the liver tissue. Once cirrhosis sets in, it is very difficult to return the health back to normal. In the stomach, alcohol can cause several gastric problems which may interfere with digestion. At the same time, each time a person has alcohol, it numbs his/her nervous system. In due course, the person may lose some or all of the fundamental senses. What are the Symptoms of Alcoholism? Generally people who are alcoholics can be easily identified even in a crowd. The habit shows some characteristic symptoms. These are as follows:-

About the Author

Hutchinson encyclopedia article about digestion. digestion. Information about digestion in the Hutchinson encyclopedia. human digestion.

Source: <http://www.productsherbal.com>