

Image Treadmills Are Designed for the Average Person in Mind

Image treadmills are distributed by Icon Health and Fitness, a large retail company that produces Reebok and Nordic Track. Although the Image name may not be as widely recognized, their equipment offers an extensive selection of features for an extremely reasonable price. In actuality, Image treadmills give you comparable quality to the more well-known Icon Fitness machines for a much lower cost. The Image company prides themselves on designing a well-constructed, durable treadmill suitable for the average user. Several Image treadmill models have been top ranked in numerous fitness magazine reviews. Considered entry-level to moderate level machinery, the Image treadmill definitely provides the best features for the reasonable price. The only drawback is the warranty; a majority of treadmills only come with a 90 day warranty on parts. However, a few do have up to 3 years coverage. Image treadmills usually range from \$400 to \$1,000; a great price for the Icon Fitness name and option selection. Most treadmills are designed to fold up and down, and all have stable quality belts. The basic models offer a heart rate monitor, four programmed workouts and cushioned deck, while the more advanced treadmills offer iFIT capability. This technology allows the user to run workouts from the internet, compact discs, and video. The motor is not as powerful as most brands, and only runs at a maximum of 1.75 horsepower. However, for the beginner to moderate user, this speed is perfect for standard workouts. Reasonably priced and filled with extra features, Image treadmills are a great choice for the average person. With the prestigious name and durable build, an Image treadmill is well worth the money.

About the Author

Set objectives, track nutrition and exercise, measure your progress and calculate several fitness ratios with Ascendo.

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