

True Treadmills In Review

True Fitness has been building treadmills for twenty five years. During that time, they have been the recipient of a number of awards. They regularly get great reviews on all of their treadmill products. Because they understand that each person has a different fitness goal, they offer a number of different treadmills to fit each possible fitness goal. They make more treadmills than the industry standard. Each True Treadmills comes with their patented innovative technology to build your personal training routine. Moreover, their machines are build with only high quality materials, which means that you can rest assured your product is the best. Their warranties guarantee your satisfaction. Which Model Is Right For Me? There are several different True Treadmill models, and choosing what works best for you will be a matter of preference. True Treadmill Z5.5 This model has the largest belt surface as well as the fastest speed of all of the models. If you intend to build on your speed levels, this is the model for you. It also has a patented heart rate control system unique to this brand. If you want to reach your fitness goals as fast as possible, this is the selection for you. True Treadmill Z5.4 This model also has the heart rate control system, as well as a twenty two inch wide belt. You can choose from twelve levels of cushion for your feet, and it is designed to save space in your workout room. It also features a quick glance panel to help you understand your progress, distance, speed, grade time, and calories burned. You can also use preprogrammed workouts with this model. True Classic The Classic allows you to build personal workouts and save them to the system's memory. It features an eighteen inch surface with fewer panel options to keep you focused on your workout, not your panel display.

About the Author

A New Zealand company providing a large range of fitness equipment for both home and commercial.

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