Use Cryotherapy To Treat Your Acne

Names sometimes totally mislead. Mr. Fairbrother may in reality be a very wicked man. Mr. Grant may be a miser who is never willing to give a shilling in donation. Cryotherapy has nothing to do with your tears. But it is a system of treatment for your acne. There are several methods to treat acne. The severity and nature of attack of acne varies from individual to individual. If one particular medication was the panacea for all types of acne, thousands of over the counter medications would not have thrived. Cryotherapy has dual purposes. This technique checks future eruptions. The immediate purpose of cryotherapy, which in fact is the freezing treatment, is to check the spread of surface skin lesions by using liquid nitrogen, which is also known as cryogens like carbon dioxide snow. Your dermatologist will not suggest you to use cryotherapy straightaway. This is one aspect of the total treatment relating to acne. It is proper and in the fitness of things to treat your acne with the trusted over the counter medications and topical agents. Sometimes, the response could be very slow. Avoid cosmetics, with strong aroma. If you use them when you are under the attack of acne, it will cause you lots of skin irritation. Stop using greasy ointments and vegetable oils, lanolin, alcohol, parabens and oleic acid related cosmetics. In case of attack of acne that will not respond to over the counter medications, say within two weeks, take note to visit the dermatologist. Treatment at his office has some psychological security, which you need most when acne bothers you. They have a routine procedure to remove comedon for which a loop device is used. They do it so carefully, and no scarring results from this procedure. Finally, if your doctor advises cryotherapy you will see that the results of this treatment are immediate, and without any side effects. Though, the therapy may cause drying and peeling of the affected skin area. Your acne treatment is not yet complete, even after cryotherapy. Continue to apply helpful oils like jojoba oil, coconut oil and lavender oil on the skin. This will help skin to recoup its original health.

About the Author

Fitness can make all the difference in how your body looks and feels. Learn about popular exercises, routines, and weight.

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