

## Nordictrack Elliptical Machines - Is The High Price Worth It?

Nordic Track is a subsidiary of Icon Health & Fitness, one of the largest fitness equipment companies in the world who also own Schwinn, ProForm and Reebok elliptical trainers. This manufacturing company has over 200 engineers working for them to create a multitude of products that are full of bells and whistles, with big and beefy machines that are built to last, always providing an excellent running surface for athletes who walk, jog, or run. They are not only sold online, but also in mass merchants and large sporting good stores – Sears, Wal-Mart, Dick's Sporting, and Sports Authority. There are many elliptical machines on the market today and most of them provide for an ideal workout environment, meeting all of your necessary needs. But the reason the Nordic Track line of elliptical trainers is a great tool to consider is because they are well designed to provide you with the level of fitness that you expect from your elliptical machine, and are at the low end of the priced elliptical machines. The only problems listed by reviewers is with the assembly which takes quite awhile to put together, and having a little more noise than most of the other elliptical machines when at high speed, but other than that consumers who have purchased one are more than happy with them. Nordic Track is a well-known and established leader in the fitness world and their machines has a long stride, with a smooth resistant, and are more than a great value for the price paid for them. If you decide to select a Nordic Track unit, you may find that you have the best possible product on the market for light to moderate use only, with extended warranties other than their current one-year labor and parts. For an additional \$15 a month, there are a variety of downloadable programs for the machine that you are considering may be the best investment that you make. But, before you select one of these elliptical machines, you should make sure that you are getting the best tool for your needs. Sit on it and try it out, make sure it has the correct stride for you and its ease of use fits your body. If you are purchasing online, read some of the reviews or send in questions to be answered. For example, the machine should take you down the track of fitness that you want to go easy and comfortably – and it should provide you with the quality and features that you want and that you need. While it can provide for all the bells and whistles from its engineers, it should also provide you with the ability to get less of these features for a lower cost. One particular feature of the Nordic Track CX 1055 is its ability to adjust the resistance and the incline, through the console area, which is a patented technology of Precor and Nordic Track, with Icon licensing it. Whenever you change the incline as one of its top features, the muscle area is to be worked out in different ways in an easy manner. The name of Nordic Track is a leader in the design of elliptical machines as well as other fitness equipment. They will provide you with the latest technology, the highest fundamentally sound principles, and the best overall product. Even with their slightly higher price, Nordic Track provides some of the best of the best on the market today.

### About the Author

Starting a fitness program is easier than you might think. Follow.

Source: <http://www.productsherbal.com>