Communicating With Your Ancestors

PathWay To Success Ancestors and Eguns LESSON #5 Communicating with your Ancestors Your Ancestors and eguns are those family members and relatives and friends that once were alive and walked the earth. Your ancestors go back to the beginning of time and are always available to protect and guide you on your path toward enlightenment. The ancestors and eguns are also your first line of defense against external forces that will try to disrupt your every day life activities. The ancestors and eguns, also clear your path of negative Ashe and will protect you when Iku (death) is near. These are just a few reasons why it's important to establish and maintain communication with your ancestors and eguns. Oftentimes, we ask ourselves how can we communicate with the dead? How can we establish a constant link with our ancestors without ourselves expiring also? Also, what benefits can I obtain from my communicating with my ancestors? Communicating with your ancestors and eguns is not as difficult as one might think. The simplest way of communicating with them is by constructing a shrine in their honor. An Ancestral and Egun shine serves as a home for them. When no ancestor shine is present in your home, the ancestors will often have free reign of the house, and can come and do whenever they wish. However, they don't really like this type of freedom. The ancestors prefer to have a certain area that is assigned to them, and even if they move about freely within the home, they know that they can go to their specific area for rest and relaxation, whenever they wish. The shrine also is used to consult your ancestors and by presenting offerings ,enlist their assistance on a particular problem you may have. The shrine should be placed in a corner of your room, or suspended on the wall above the floor. (I have one on the floor, and another above the floor.) The area where the shrine is being constructed should be consecrated by blowing rum and smoke on the selected area prior to placing the shine on it. Items to place on the shrine include pictures of the deceased ONLY, no live pictures of people should be on this shrine; this is a shrine for the dead. Also, if you don't have pictures of the deceased, you can write heir names on a piece of paper and place it on the shrine. A 7-day white candle, a glass of rum, a glass of water, a cigar, a plate of food, preferably on a plate that has a chip on it. Coffee, flowers and a cigar can also be presented to the shrine. Prayers should also be said when consecuating the shrine. Offerings should be placed on the plate of the shrine frequently, once a week). The ancestors also communicate to you by causing pain in certain parts of your body. They usually do this to inform you that they want to speak with you, or other family members ,and require a spiritual mass to be done. The ancestors and eguns will also communicate to you via dream states, or in your dreams. They may appear as a relative presently deceased, or as a favorite animal that you liked who has died. Or, they may come in spirit form, and indicate in that state, something that you should know, or be protected from. Sometimes your ancestor's strength has become very weak. This happens for a number of reasons: 1) You not giving the ancestors enough attention for extended periods of time, not strengthening them, not feeding them, not talking to them, or not giving them respect. In this weaken state your ancestors have difficulty advocating for you, and you will find yourself blocked a lot in what you are doing. This is one of the reasons why it's very important to be able to communicate with your ancestors and eguns and provide them with constant offerings, both on their shrine and in the street near a crossroad. By providing strength, attention, and respect to your ancestors, they will always assist you and guide you, even when everyone else may have abandoned you. The Room I sit here in the room, no one is around me, I am alone... I see no one here, yet the space is not bare, The room seems to be full not only with air, There are "others " by my side, to assist, desist and to tell bad things around me you are dismissed. Do I see these "helpers "in this empty room with me?? These helpers that suppose to always accompany me? Some call them, ancestors, spirits, angels, or orisha's galore But I do not see them in this room that's quite small. A chair, two tables and computer just fits, A closet, a desk for my things, and a shelf for my mess. A picture of my favorite singer hangs up on the wall, along with a calendar showing me summer and fall... It's such a small room for me to live in, I just can't believe how Quite filled it is, with my mother, my brother, and sister long gone, My father, my friends whom I missed for so long... That girl in 4E who died mysteriously, who asked me one night to Pray and set her free, so that she could leave her room finally... The Grandmother long dead, who thought she was home, I had to explain to her that this was now MY home... The traveler that said that he stopped for a shift in his flight pattern from the dimension he'd left. He tells me the room is a refueling stop, for spirits, and beings that travel a lot. I look in the room to see, if there is a "ripple", a "glittering", or an emptiness that's fulled with people and things that I really can't see. One chair, two tables, and a T.V. for me. Yet, there is a sense that I'm not alone, there's an energy here that pulsates and grows; It's very subtle, affecting my body, mind and my pulse, Having me wonder what I cherish in my life the most. I call my friends, they let me know that I'm not losing my mind. and that these things happen to all of mankind. The Room is empty, how can this be? To have all these energies and spirits around me? I still must understand that there are many levels still, that I must learn to master in order to know when a room is empty or full. For nothing is truly "empty" or lack "nothingness" for all of nothing has Life, Love and Happiness. By David Robertson About The Author: Dr. Robertson is an ordained priest(Babalaow) of the IFA religion, and has taught and trained many in the development of their inner selves (Excerpts from book : PathWay to Success by David Robertson /IFAOWODE.) www.wecarefouryou.com All Rights Reserved.

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