

Tummy Tuck Surgery in India-Cost, Benefits and Risks.

India offers cutting edge cosmetic treatments for everything from sagging chin to excess weight gain. Indian Health care industry is undergoing phenomenal expansion. The combination of high quality services and low cost facilities is attracting thousands of international patients every year. This is hardly surprising considering the cost of Cosmetic surgeries in India is 10 -15 times lower than anywhere else in the world. When compared to other popular countries, India has the advantage of hospital facilities, experienced doctors and cost. Compared to Thailand, India on average is 50% cheaper and when compared to South Africa a sixth the cost.

What is Tummy Tuck Surgery? Tummy tuck surgery, also known as abdominoplasty, is a major surgical procedure that tightens a person's abdomen by removing excess skin and fat and firming up the muscles in the abdominal wall. Unfortunately, unless prescribed to treat a hernia or for other medically necessary reasons, tummy tucks generally aren't covered by health insurance. However, people who want to flatten their stomachs via tummy tucks can do so at affordable rates.

Benefits of Tummy Tuck:

Medical benefits of Tummy Tuck- The removal of excessive skin by Tummy Tuck from your abdominal area improves your mobility and allows you to enjoy activities and exercises that are important for your good health and general well being. Tummy Tuck tightens your abdominal muscles and if you follow a stringent exercise regimen after the Tummy Tuck procedure, your core muscles will be strengthened giving you better posture and a pain free lower back.

Cosmetic benefits of Tummy Tuck- Tummy Tuck helps you to lose the 'kangaroo pouch' of excessive skin and fat thus giving you a flatter, tighter and better contoured tummy and waistline. The procedure of Tummy Tuck can most certainly add to your looks therefore boosting your self confidence and self esteem.

Risks involved in Tummy Tuck Surgery: Thousands of abdominoplasties are performed successfully each year. When done by a qualified plastic surgeon who is trained in body contouring, the results are generally quite positive. Nevertheless, there are always risks associated with surgery and specific complications associated with this procedure. Post-operative complications such as infection and blood clots are rare, but can occur. Infection can be treated with drainage and antibiotics, but will prolong your hospital stay. You can minimize the risk of blood clots by moving around as soon after the surgery as possible. Poor healing, which results in conspicuous scars, may necessitate a second operation. Smokers should be advised to stop, as smoking may increase the risk of complications and delay healing. You can reduce your risk of complications by closely following your surgeon's instructions before and after the surgery, especially with regard to when and how you should resume physical activity.

Cost of Tummy Tuck Surgery? Costs vary depending upon the surgeon, your region, the type and extent of your procedure, and other factors. This article looks at the average costs and the factors to consider when planning for tummy tuck surgery.

Tummy tuck is a cosmetic procedure that is generally not covered by health insurance. However, if you can provide evidence to your health insurance provider that your tummy tuck (tightening muscles and removing excess skin and fat) or panniculectomy (removing excess skin and fat only) is necessary for medical reasons, or is reconstructive surgery, you may be partially covered for the surgery. It is important to understand that the cost of the tummy tuck surgery is just a fraction of the cost in USA.

Tummy Tuck Surgery In India: You need a Tummy Tuck , head of to Kerala. Or visit to the Taj Mahal. Cosmetic surgery is the next big thing to come packaged with tourism in India. India! Promises cosmetic-surgery tourism for anything from hair implants, scalp reductions, Rhinoplasty (reshaping or re-contouring of the nose), face-lift, cosmetic eyelid surgery, brow lifts, sub-metal lipectomy for double chin, chin and cheek Largely cost-driven and banking on international goodwill of Indian the backwaters medicos, the initiative is hoping to benefit both hospitality and healthcare industry. India is tying up with hospitality industry and service providers to help these tourists improve their looks in five star comforts. This is not critical surgery, so tourists from the US, UK and Canada likes to combine it with travel. They prefer to visit cold destinations like Shimla, Manali, Mussourie after their surgery, "India offers world class Cosmetic Treatment that are comparable with the UK or US. Furthermore, the high concentration of expatriate Indian medical staff working abroad particularly, in the US and UK, gives patients confidence in healthcare in India generally.

About the Author

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